

CNED 794A: Master's Practicum (3 credits)
Spring 2023

Instructor: Jessica Danielson, PhD, LPCC-S, NCC
Office: Morrill 221A
Telephone: 701.231.8077
E-mail: jessica.danielson.1@ndsu.edu

Class Day: Tuesdays

Class Hours: 8:00-9:30a

Location: Morrill 214

Clinic Duty: M 10:00a-12:00p
 W 10:00a-4:00p
 Th 10:00a-Clinic Close

Co-Instructor: Steven Giddens, MDiv, MA, LAPC
Office: Morrill 219C
E-mail: steven.giddens@ndsu.edu

Clinic Duty: M 1:00p-Clinic Close
 T 10:00a-Close
 W 4:00-Close

COURSE INFORMATION

The purpose of Master's Practicum is to integrate knowledge, skills, and dispositions into professional practices. Practicum is an experiential course, which includes the practice and application of counseling techniques with individuals, small groups, couples, and families. Counselor-trainees provide supervised counseling for clients at the NDSU Community Counseling Services (NDSU CCS). Counselor-trainees are also assigned a group counseling experience in the community.

Course Requirement and Prerequisites

Prior to enrolling in Practicum, students must submit an application for faculty review and have successfully completed the following courses:

- CNED 710 Counseling Techniques
- CNED 711 Counseling Theory
- CNED 715 Professional Orientation and Ethics
- CNED 720 Group Counseling

Course Objectives/Outcomes, CACREP Standards, and Assessments

Learners will gain knowledge and skills in the following areas outlined by the 2016 CACREP-Standards:

Objectives/Outcomes	CACREP Standards	Learning Outcome Assessments
<p>Professional Practice: Learners will apply knowledge and skills necessary for client growth and welfare and to evaluate their effectiveness based on measurable outcomes</p> <ol style="list-style-type: none"> Learners will demonstrate counseling skills necessary for effective therapeutic conversations and relationships with clients Learners will perform counseling work function within a structured setting and 	<p>III.C. Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge are conducted as part of the student's practicum and internship</p> <p>III.D. Students have the opportunity to become familiar with a variety of professional activities and resources, including technological resources, during their practicum and internship</p>	<p>Practicum Checklist</p> <p>Transcript Critique</p> <p>Mid-term Evaluation</p> <p>Final Evaluation</p>

Objectives/Outcomes	CACREP Standards	Learning Outcome Assessments
<p>assume the roles and responsibilities of a professional staff member (see Clinic Handbook) and enrolled counselor-trainee (see Student Handbook)</p> <ol style="list-style-type: none"> 3. Learners will complete supervised counseling practicum experiences that total a minimum of 100 clock hours with at least 40 clock hours of direct service with clients 4. Learners will develop and implement effective treatment plans when working with diverse clients that demonstrate skills in assessment, case management, technology use, and case conceptualization 	<p>III.E. In addition to the development of individual counseling skills, during either the practicum or internship, students must lead or co-lead a counseling or psychoeducation group</p> <p>III.F. Students complete supervised counseling practicum experiences that total a minimum of 100 clock hours over a full academic term that is a minimum of 10 weeks</p> <p>III.G. Practicum students complete at least 40 clock hours of direct service with actual clients that contributes to the development of counseling skills</p> <p>V.C.2.m Record keeping, third-party reimbursement, and other practice and management issues in clinical mental health counseling</p> <p>V.C.3.a Intake interview, mental status evaluation, biopsychosocial history, mental health history, and psychological assessment for treatment planning and caseload management</p> <p>V.C.3.b. Techniques and interventions for prevention and treatment of a broad range of mental health issues</p> <p>V.C.3.c Strategies for interfacing with the legal system regarding court-referred clients</p>	<p>Individual and Group Supervision</p> <p>Progress Notes and Treatment Plans</p>
<p>Professional Development: Learners will demonstrate dispositions, including conduct and attitudes, congruent with the development of a professional counselor</p> <ol style="list-style-type: none"> 1. Learners will incorporate supervisory feedback to assist clients and promote their own developmental growth 2. Learners will develop an individualized approach to counseling that incorporates their strengths and beliefs consistent with ACA ethical guidelines 3. Learners will implement ethical standards of the counseling profession (e.g., ACA, NBCC) and state regulations 4. Learners will join professional counseling associations (e.g., NDCA, ACA, etc.) 5. Learners will secure liability insurance from ACA 	<p>III.A. Students are covered by individual professional counseling liability insurance policies while enrolled in practicum and internship</p> <p>III.B. Supervision of practicum and internship students includes program-appropriate audi/video recordings and/or live supervision of students' interactions with clients</p> <p>III.H. Practicum students have weekly interaction with supervisors that averages one hour per peer of individual and/or triadic supervision throughout the practicum by (1) a counselor education program faculty member, (2) a student supervisor who is under the supervision of a counselor education program faculty members, or (3) a site supervisor who is working in consultation on a regular schedule with a counselor education program faculty member in accordance with the supervision agreement</p>	<p>Practicum Checklist</p> <p>Mid-term Evaluation</p> <p>Final Evaluation</p> <p>Individual and Group Supervision</p> <p>Progress Notes and Treatment Plans</p>

Objectives/Outcomes	CACREP Standards	Learning Outcome Assessments
	<p>II.I Practicum students participate in an average of 1 ½ hours per week of group supervision on a regular schedule throughout the practicum. Group supervision must be provided by a counselor education program faculty member or a student supervision who is under the supervision of a counselor education program faculty member</p> <p>V.C.2.k Professional organizations, preparation standards, and credentials relevant to the practice of clinical mental health counseling</p>	
<p>Professional identity: Learners will demonstrate characteristics and behaviors to enable and maintain responsible, respectful therapeutic and supervisory relationships that help facilitate client growth and welfare and personal wellness</p> <ol style="list-style-type: none"> 1. Learners will maintain overall wellness through the development and implementation of individualized self-care strategies 2. Learners will examine and choose behaviors based on self-awareness regarding communication and relationship patterns, as well as affective and cognitive processes 3. Learners will demonstrate sensitivity to, empathy for, belief in the potential of, and commitment to the welfare of others 	<p>II.F.1.k. Strategies for personal and professional self-evaluation and implications for practice</p> <p>II.F.1.l. Self-care strategies appropriate to the counselor role</p> <p>II.F.1.m. The role of counseling supervision in the profession</p> <p>II.F.5.c. Theories, models, and strategies for understanding and practicing consultation</p> <p>II.F.5.d. Ethical and culturally relevant strategies for establishing and maintaining in-person and technology-assisted relationships</p> <p>II.F.5.h. Developmentally relevant counseling treatment or intervention plans</p> <p>II.F.5.j Evidence-based counseling strategies and techniques for prevention and intervention</p> <p>II.F.5.l. Suicide prevention models and strategies</p> <p>II.F.5.n. Processes for aiding students in developing a personal model of counseling</p> <p>II.F.7.c. Procedures for assessing risk of aggression or danger to others, self-inflicted harm, or suicide</p> <p>II.F.7.d. Procedures for identifying trauma and abuse and for reporting abuse</p>	<p>Practicum Checklist</p> <p>Mid-term Evaluation</p> <p>Final Evaluation</p> <p>Individual and Group Supervision</p> <p>Progress Notes and Treatment Plans</p> <p>Case Presentations</p> <p>Initial Reflection</p> <p>Final Reflection</p>

Required Text/Materials

Bannink, F. (2010) *1001 solution-focused questions: Handbook for solution-focused interviewing* (2nd Ed.) New York, New York: W. W. Norton & Company. ISBN: 978-0-393-70634-5

Jongsma, Jr., A. E.; Peterson, L. M.; Bruce, T. J. (contributing ed.) (2014). *The complete adult psychotherapy treatment planner: Includes DSM 5 updates*. (5th Ed.) Hoboken, NJ: John Wiley & Sons, Inc. ISBN: 978-1-118-06786-4

Meier, S. T. & Davis, S. R. (2019). *The elements of counseling* (8th Ed.) Long Grove, IL: Waveland Press, Inc.

LiveText subscription

Online Resources (on Google Classroom)

NDSU Community Counseling Services Forms and Evaluations

NDSU Counselor Education Clinic (2021). NDSU Community Counseling Services Telehealth Policies and Procedures.

NDSU Counselor Education Clinic (2015). NDSU Community Counseling Services Handbook of Policies and Procedures.

Instructions for Titanium

*Additional readings, such as journal articles, may be assigned or recommended to you based on your specific needs and/or interests. Assigned readings are to be completed prior to the class period in which they will be discussed.

Philosophy

We view learning through a constructivist lens and that learning is co-created and each individual, including us, will learn in this environment based on our own strengths, worldviews, and experiences. It is our shared responsibility, as an entire group, to create a learning environment that is conducive to intentional and thoughtful knowledge sharing and meaning making. In addition, we identify as relational and feminist instructors who seek to enhance your learning through connection, mutuality, and creativity. Throughout this course, we will attune to your unique interests and capabilities, while also challenging you in developmentally-appropriate ways to lean into your growth edges. We encourage each of you hold personal responsibility and accountability for your learning as you engage with us, supervisors, and peers.

It is also important to note that safety does not mean comfort. We believe we all have growth edges we must explore and we encourage you to engage in meaningful discussion that will further your growth as a human and emerging counselor (e.g., ask questions, share your experiences, provide feedback). The process of growth, personally and professionally, takes courage. Rarely can individuals be courageous and comfortable at the same time, the choice between these two things is up to you.

Academic Progress and Professional Dispositions

As a counselor educator, one of my (Dr. Danielson) primary responsibilities is to ensure that the students who graduate from NDSU are competent and capable to work in the field (as school counselors, clinical mental health counselors, supervisors, etc.). Thus, Steve and I will closely monitor students' academic progress and professional dispositions (see *Handbook* for the full list of student dispositions). If we notice issues in any of these areas, we will discuss it with the faculty, and it may lead to a formal report and/or dismissal from the program (see the *Handbook* for detailed policies). In the spirit of feminist pedagogy, we acknowledge the level of power we

have been afforded in this position, and we do not take these situations lightly. Our primary goal is to ensure and uphold safety, dignity, and respect for all parties involved.

Methods of Instruction

Practicum is a unique course due its experiential nature. A variety of instructional methods are utilized in this course including, but not limited to, presentations, role plays, videos, written assignments, personal reflection, lectures, readings, collaboration with others, experiential exercises, and small and large group discussions.

CLASSROOM POLICIES

Attendance

According to NDSU Policy 333 (www.ndsu.edu/fileadmin/policy/333.pdf), attendance in classes is expected. Students must also abide by the attendance and time management expectations outlined in the NDSU Community Counseling Services Handbook of Policies and Procedures. Due to the clinical obligations associated with this course, you are expected to attend every class, supervision session, and client session. Moreover, you are expected to be on-time, prepared, and remain present until the end of class, supervision, and client responsibilities.

If you are unable to attend class, please notify us *before* class. It is your responsibility to obtain all materials and information missed during your absence. You are allowed **one absence** during the semester without consequence. (Leaving class early and arriving late will count as half absences.) If you are unable to attend supervision, please notify your supervisor *before* supervision. It is your responsibility to reschedule supervision and ensure you are meeting the supervision requirements outlined by the 2016 CACREP Standards. **If you are unable to attend a client session, contact me, the Clinic Manager, and the Clinic Supervisor to ensure someone is able to contact your client prior to the appointment.** It is your responsibility to address client management issues and meet the standards for continuity of care.

If you miss more than one class exceptions may be made in the case of medical and/or life emergency or extenuating circumstances: however, it is your responsibility to contact us to arrange accommodations as soon as possible. Patterns of being late, leaving early, missing supervision sessions, or missing counseling sessions may lead to dismissal from the course or program.

Informed Participation

You are expected to actively participate in all aspects of the class. This includes reading and reflecting upon the material beforehand (come prepared with questions and comments), participating in class discussions, and engaging in experiential activities. If we notice a lack of participation, we may approach you about the issue. Further lack of participation will negatively impact your grade.

Electronics

Please be respectful to yourself and others by setting any electronic devices to silent settings before class. Unprofessional technology use (e.g. social media, texting, internet surfing) is not permitted during class time, in order to allow yourself full presence to engage with class material and activities. If there you anticipate the use your phone during class, please let us know before class.

Course Communication and Consultation

All e-mail communication will be sent and received through NDSU e-mail addresses. Please be sure to check your e-mail account regularly, as we frequently provide updates on classes and assignments. Unless we send out an e-mail indicating otherwise, we will typically respond to your e-mails within 24 hours during normal working hours Monday through Friday.

Although the fastest way to get a hold of us is through e-mail, you are more than welcome to contact us by office phone or schedule an appointment to meet face-to-face or via Zoom if you have questions, concerns, or areas of the course that you would like to discuss.

Class Cancellation

If class is canceled for some reason (e.g., instructor emergency/illness, adverse weather), we will make every effort to notify you through your NDSU e-mail account. Additionally, follow the NDSU protocol for adverse weather, and if class is still scheduled, please be judicious in making the decision whether or not to drive. Your safety is the most important.

Classroom Environment

It is vital you respect your peers, yourself, and us in this course. More specifically, we all have differing backgrounds, experiences, worldviews, and privileges. Please become aware of your own stereotypes, prejudices, and biases, in order to be mindful your interactions with others. Enhancing our respect for each other will help cultivate an environment for vulnerability which allows for risks and growth personally and professionally. Disrespect of any type – discrimination, gossip, etc. – will not be tolerated. Additionally, due to the experiential nature of the activities, you and your classmates may disclose personal information. You are required to uphold the ethical code of confidentiality unless someone talks of hurting themselves or others or reports any suspicions of child/elder abuse and/or neglect.

Diversity and Personal Growth

It is important to respect and honor the diverse backgrounds and experiences of others in the class. It is your responsibility to become aware of your own stereotypes, prejudices, and biases – presence or absence of privilege – and be mindful of this in your interactions with others. Throughout this class and the counseling program, you will be expected to engage in self-reflection, demonstrate increasing levels of self-awareness, and challenge yourself to move outside your personal comfort zone. This is especially important in this class as you participate in deeper class discussions and work with clients.

Land Acknowledgement

We collectively acknowledge that we gather at NDSU on the traditional land of the Anishinaabe, Dakota, Lakota, and Nakota peoples in addition to many diverse Indigenous People still connected to this land. We honor with gratitude the land itself and the people who have stewarded it through generations. As a land grant institution, we are committed to continuing to learn how to be better stewards of this land as well as building strong, trusting relationships with our Indigenous Peoples of this region.

Statement on Counseling

This course has been designed to increase your own self-awareness, and therefore, the activities have the potential of unearthing painful thoughts or feelings. If at any time, you feel concerned about your own mental health, you are encouraged to consult with us, your supervisor, or seek outside counseling services. We may empathize with your concerns; however, we will not act as

your personal counselor. If at any time during the course you threaten to hurt yourself or others or there is any suspicion of child abuse and/or neglect or vulnerable adult abuse and/or neglect, this will be reported.

Title IX

Faculty members and NDSU employees are mandated reporters in situations related to Title IX (e.g., sexual harassment, gender-based discrimination, sexual assault). If you disclose situations related to Title IX, we may report this to the coordinators. If you have questions or concerns about the policy, see https://www.ndsu.edu/equity/title_ix/

Ethics

The Counselor Education Program at NDSU and its Community Counseling Services training facility adhere to the professional ethics of the counseling profession as set forth by the American Counseling Association (ACA) Code of Ethics and Standards of Practice and the National Board for Certified Counselors (NBCC). Please familiarize yourself with those standards and consider them binding to your involvement in the course. The ACA code of ethics is available online at the American Counseling Association web site at <http://www.counseling.org/>.

Facilities and Food/Drink/Restroom

Please take care of your needs as necessary and respect the facility by throwing away or recycling trash, respecting room furniture and contents, etc.

Standards for Academic Honesty and Integrity

The academic community is operated on the basis of honesty, integrity, and fair play. NDSU Policy 335: Code of Academic Responsibility and Conduct applies to cases in which cheating, plagiarism, or other academic misconduct have occurred in an instructional context. Students found guilty of academic misconduct are subject to penalties, up to and possibly including suspension and/or expulsion. Student academic misconduct records are maintained by the Office of Registration and Records. Informational resources about academic honesty for students and instructional staff members can be found at www.ndsu.edu/academichonesty.

Copyright Permissions

NDSU prohibits students from transferring their class lecture notes or instructor-provided materials for commercial purposes unless approved by us (or the person who created the course material). Materials supplied by others (including us) are subject to copyright rules and cannot be posted or distributed without others' permission.

Students with Disabilities or Special Needs

Students with disabilities or other special needs, who need special accommodations in this course are invited to share these concerns or requests with the instructors and contact Disability Services at <http://www.ndsu.edu/disabilityservices/> as soon as possible.

Veterans and Student Soldiers

Veterans and student soldiers with special circumstances or who are activated are encouraged to notify the instructors as soon as possible and are encouraged to provide Activation Orders. Contact Military and Veteran Services at <http://www.ndsu.edu/veterans/>.

MASTERS PRACTICUM REQUIREMENTS

Following Policies and Procedures

You are expected to follow all policies and procedures outlined in the NDSU CSS Handbooks and Counselor Education Student Handbook. You are also expected to follow the specific guidance, oral and written, provided by instructors, supervisors, and Clinic Manager. Failure to adhere to policies, procedures, or instruction from faculty, supervisors, and Clinic Manager could result in suspension of clinical privileges and/or dismissal from the program. The most updated copies of policies and procedures are available on our Google Classroom. It is recommended that you check Google Classroom for updates and announcements on a regular and frequent basis (e.g., daily) while enrolled in Practicum.

Hour Requirements

Practicum requires a total of 100 clock hours, with a minimum of 40 direct clock hours and 10 group clock hours. Direct hours include all direct contact with clients, their families, or other providers regarding the client's care (e.g., collateral contacts, releases of information). Indirect hours include class, supervision, consultation, paperwork, session preparation, completing assignments, etc. Meeting hour requirements does NOT necessarily mean course requirements are met, since passing is competency-based.

At the beginning of the semester, you will be assigned a Practicum group experience. Group experiences are community-based sites partnering with NDSU CCS. You are expected to follow the policies and procedures of NDSU CCS and the group counseling site. In addition, you are expected to complete group notes in Titanium at NDSU CCS, though identifiable information should not be included in group notes.

Liability Insurance

You must have and maintain individual professional counseling liability insurance while enrolled in Practicum. You can receive free student liability insurance with the purchase of a yearly ACA membership.

Practicum Logbook

Document your time spent on Practicum experiences using the hour log on Google Classroom. Ensure you are updating your hours regularly (e.g., daily or weekly) in the hour log. Following each semester, these logs will be placed in your permanent student file. It is important that you also keep a copy for your own records.

Individual and Group Supervision

During Practicum, you will receive an average of one hour per week of individual supervision, performed by a doctoral supervisor-trainee or NDSU faculty. These hours must be documented in your hour log, under the supervision column. Prior to each supervision session, you will complete a supervision review note (in Titanium) and prepare a minimum of one session recording for review in supervision.

You will also receive an average of 1.5 hours per week of group supervision (class), performed by the Clinic Supervisor and/or NDSU faculty. These hours must be documented in your hour

log, under the supervision column. You are expected to come to each group supervision session with a minimum of one prepared session recording for review.

Evaluations

You will be formally evaluated a minimum of twice during the semester, approximately at mid-semester (20 direct hours) and end-semester (40 direct hours) points. Evaluations are based on counseling skills, procedural skills, and dispositions. NDSU CCS uses two evaluation tools: the Assessment of Counseling Skills and the Assessment of Professional Counselor Characteristics. These evaluations are available, in one combined document, on Google Classroom. Completed evaluations are placed in your permanent student file.

You must receive an overall average of a three (3) or higher on the final evaluations in order to receive a grade of “satisfactory” in Practicum. In instances where have yet to demonstrate satisfactory competencies and/or skills, additional counseling-related work may be required, even if it extends into another semester or fulfilling additional supervised counseling hours.

ASSIGNMENTS AND EVALUATION

Graduate-Level Expectations

We expect graduate-level performance in this course. Thus, you are expected to read all course materials, monitor your own understanding of course concepts, and seek support if necessary. Due to the experiential nature of the course, some textbook concepts may not be formally covered in class. However, you are still responsible for learning these concepts.

The final grade for this course is based upon the quality of your performance using the general standards below, as well as adherence to professional and ethical standards (e.g., 2014 ACA Code of Ethics). A developmental progression is expected. Thus, early assignments are evaluated in a way to enhance higher performance on later ones.

Assignment Expectations

Our expectation is that you consistently exhibit graduate-level effort and work. Submit all assignments in the proper format and in the proper place. The following guidelines apply:

- 1. On time and complete submission of assignments.** Late work will not be accepted and will receive *zero credit* for the assignment. Our practice is that you will get *one* exception to this policy on one assignment throughout the duration of the class. Contact us **24 hours in advance** to make arrangements, if you do not contact us to make arrangements you will *receive zero credit with no exception*.
- 2. Graduate and professional writing.** Written assignments, including journals and essays, should follow the general guidelines for written English and comply with APA’s guidelines. Papers will also be evaluated on how well you organize your ideas, synthesize information, and attend to writing mechanics (including spelling, grammar, word usage, punctuation, subject-verb agreement, etc.).
- 3. Hindering** the learning of others will result in formal dispositions and potential removal from NDSU CCS and/or the counseling program.

General Grading Scale

S = Satisfactory, has met all expectations for this course

U= Unsatisfactory, has not met all expectations for this course

Specific Assignments

All assignments in this section are credit/no credit. A course grade of “unsatisfactory” may result from not completing all assignments or not following assignment requirements.

1. Practicum Checklists (Beginning and End of Semester)

The purpose of these checklists is to uphold continuity of client care and professionalism. The tasks on the checklists guide preparation for providing services at NDSU CCS, as well as terminating services at NDSU CCS. At the beginning and end of this course, you will receive a checklist (Pre-Practicum Checklist and End-of-Practicum Checklist). It is your responsibility to complete the checklists in their entirety and submit the completed checklists to Google Classroom.

2. Identity Reflection Papers (Initial and Final)

The purpose of this assignment is to provide you an opportunity to evaluate and reflect on your strengths, growth edges, and goals for Practicum. Both reflection papers should be 3-4, double-spaced, pages and submitted to Google Classroom.

Initial Identity Reflection. During the first week of the semester, you will complete the Assessment of Professional Counselor Characteristics (second half of combined assessment, on Google Classroom) on yourself and read Chapter 5 in Meier and Davis (2019). The reflection paper should include your self-assessment and 2-3 goals you have for Practicum. This is an opportunity for you to evaluate your starting point in Practicum, from which progress will be measured throughout the semester. You do not need to submit the completed Assessment of Professional Counselor Characteristics with your reflection.

Final Identity Reflection. During the last week of the semester, you will reflect on your experiences and progress in Practicum. Example prompts include: What have you learned in Practicum? What progress have you made during Practicum? Did you achieve the goals you set? Did your goals change during Practicum? What are areas/skills you have developed and still would like to develop?

3. Transcript and Critique

This assignment cultivates further insight into your interpersonal dynamics and current therapeutic effectiveness. It helps slow down the review process, allowing for deeper examination. Once you have complete three (3) consecutive counseling sessions with the same client, you will select a 10-minute section of video (from the third session). You will transcribe the 10-minute section verbatim using the Transcript and Critique form (on Google Classroom). **When transcribing, ensure all identifiable information from the session is de-identified – do not use names!** After transcribing, you will identify each intervention/skill utilized during the 10-minute clip including information on the intention of the intervention/skill, effectiveness of the intervention/skill, and providing an example of a different intervention/skill that could have been used instead. Once you

have completed the transcription, you will provide a brief critique of the 10-minute video identifying strengths and growth areas. Submit to Google Classroom.

4. Weekly Assignments

The below tasks are part of the NDSU CCS Policies and Procedures, which will aide in your development as a counselor and help organize your experience in Practicum.

- Update Practicum Hours Log (Excel spreadsheet located on Google Classroom)
- Weekly Case Conceptualization Presentations (Group and individual supervision)
- Supervision Review Note (Complete prior to supervision in Titanium)
- Client Notes (Complete before leaving after session(s) in Titanium)

5. Evaluations (Mid-term and Final)

As mentioned in the requirements section, you will be formally evaluated a minimum of twice during the semester. Typically, evaluations occur at mid-semester (20 direct hours) and end-of-semester (40 direct hours). Your supervisor will communicate with you when evaluations will occur and the general process for evaluations. At the mid-evaluation you are expected to receive an overall average of a 2 on both assessments. At the final evaluation you are expected to receive an overall average of a 3 on both assessments. Prior to both evaluations, you will be asked to select a minimum of one session recording for the evaluation.

TENTATIVE SCHEDULE

This schedule is subject to change

Date	Class Plan	Assignments Due
Jan 10	Introductions Practicum Overview & Orientation Jeopardy Contacting Clients	Pre-Practicum Checklist Due
Jan 17	Documentation/Writing Notes Review Clinic Forms Skill Focus: Intake Sessions – Opening Sessions	Read: Meier & Davis (2019) Chapters 1 & 5 Watch: Documentation/Writing Notes Video Initial Reflection Due
Jan 24	Suicide Assessment, Safety Planning, & Triage Skill Focus: Assessing Client Needs & Treatment Planning	Read: Meier & Davis (2019) Chapter 1
Jan 31	Six Thinking Hats Skill Focus: Case Conceptualization Wisdom Jar	Read: Meier & Davis (2019) Chapter 6
Feb 7	Giving & Receiving Feedback Safety versus Comfort Skill Focus: Communication & Boundaries	Read: Meier & Davis (2019) Chapter 2
Feb 14	Case Presentations Psychoeducation, Homework, & Closing Sessions Skill Focus: Session Structure	Read: Meier & Davis (2019) Chapter 3
Feb 21	Case Presentations Importance of Language – “we” and “guys” Skill Focus: Conveying Empathy	Read: Meier & Davis (2019) Chapter 4
Feb 28	Case Presentations What else can you use? Skill Focus: Effective Questions	Read: Meier & Davis (2019) Chapters 1-6 Checkout: Bannink (2010) p. 151-193
Mar 7	Case Presentations Skill Focus: Summary & Interruption	Read: Meier & Davis (2019) Chapters 1-6 Mid-Term Evaluation (unless otherwise discussed)
Mar 14	SPRING BREAK - NO CLASS	
Mar 21	Case Presentations Client Emotion – Helpful versus Unhelpful Skill Focus: Feelings & Reflections	Read: Meier & Davis (2019) Chapters 1-6 Watch: Theory of Emotion Video
Mar 28	Case Presentations Skill Focus: Observation & Immediacy	Read: Meier & Davis (2019) Chapters 1-6
Apr 4	Case Presentations Skill Focus: Challenging and Confrontation	Read: Meier & Davis (2019) Chapters 1-6
Apr 11	Case Presentations Skill Focus: Assessing Progress	Read: Meier & Davis (2019) Chapters 1-6
Apr 18	Case Presentations Skill Focus: Preparing for Termination	Read: Meier & Davis (2019) Chapters 1-6
Apr 25	Case Presentations Skill Focus: Termination	Read: Meier & Davis (2019) Chapters 1-6
May 3	LAST WEEK CLINIC IS OPEN Case Presentations	Final Evaluation (unless otherwise discussed) Final Reflection Due

	Skill Focus: Termination	
May 10	FINALS WEEK Closing Session & Wisdom Jar	End of Practicum Checklist Due